



Milwaukee Area Youth Lacrosse Association (MAYLA) Rules and regulations for boys and girls high school and youth lacrosse

Milwaukee Area Youth Lacrosse Association (MAYLA) serves as the administrating body of lacrosse throughout the southeastern portion of Wisconsin. To this end, MAYLA's goal is organize the different factions of lacrosse programs into one group to further develop all aspects of the game throughout the greater Milwaukee area and beyond. This will include coaches, players, officials and observers.

Mission Statement: Milwaukee Area Youth Lacrosse Association (MAYLA) is a non-profit organization developed to promote the growth of the sport of lacrosse in the greater Milwaukee area and Southeastern Wisconsin. MAYLA serves as a divisional arm of the state organization, Wisconsin Lacrosse Federation (WLF), of US Lacrosse, the national governing body of boys and girls lacrosse. In that capacity, MAYLA will provide guidance and structure for all youth and high school lacrosse teams in its membership area. MAYLA will follow US Lacrosse mandated National Federation of High School (NFHS), Lacrosse rules and any rules or regulations mandated by the WLF.

Vision Statement: MAYLA's goal is to provide a safe and enjoyable environment for children to learn the game of lacrosse, where coaches will teach appropriate skills and rules. In addition, the coaches will stress a positive atmosphere among the athletes, where emphasis will be placed on showing respect for individuals, teams, coaches, officials and for all forms of athletic achievement. Players will develop self confidence, good sportsmanship and a love of lacrosse which will enrich their lives for years to come.

The contents of this document are a culmination of notes, meeting minutes, coach's discussion and ratification since the inception of MAYLA in 2001. It serves as tablet for the rules of conduct for those involved, guidelines for establishing new teams, programs and levels of play. It will continually evolve and be revisited at the annual meeting each year. The ideas come from the coaches, players, team reps and other programs. The goal is to clarify roles and responsibilities of all those involved prior to the start of the season.

I. Season -- Practice/try-outs may start on March 1. Conference games may begin on April 1. Conference games will be scheduled by MAYLA Executive Director. Coaches may schedule additional non-conference games, and must notify the Executive Director of those games.



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High School Boys: Regular conference season will end by Memorial Day for regular conference play. Any postponed game that is not made up by Memorial Day will go down as a forfeiture by the non-rescheduling team. Conference playoffs will begin the Tuesday after Memorial Day. Conference Championship game is the following Saturday or Sunday as determined by the MAYLA Board. The Conference champion will then participate in State playoffs.

Coaches are allowed to have one day/week to meet with and coach players in the off-season, defined as June 30 - Feb. 28/29. You may not skip weeks and “bank” them to use consecutively in a given week. The purpose of this is to allow teams an opportunity to bring along new players as the growth of the sport continues and new programs are being developed. Off season practices should be seen as optional opportunities to meet with players. Tryouts and required practice can begin the first of March.

II. League Structure -- Will be addressed on an annual basis by the Executive Board beginning in the fall prior to the season with final decision made by Dec 15. All teams within the league will be notified of such decision through email and at the annual meeting.

III. League fees- League fees are determined by the MAYLA executive board annually. All teams participating in the conference must pay the league fees to MAYLA treasurer. These are payable in full by Jan. 30th or 50% by Jan. 30th and balance due March 31st. Failure to pay regular fees or to institute a payment plan approved by the Executive Board can cause the team’s games to be forfeited until fees and dues are paid. MAYLA Treasurer will prepare a budget for the upcoming year to be approved by the MAYLA Board and distributed to team representative by Jan 31 of each calendar year.

IV. Team qualifications -- All players must have current US Lacrosse memberships and each team will provide a copy of a Certificate of Insurance from US Lacrosse/Bollinger Insurance Co. to MAYLA by March 31 of the current season.

V. New teams - New HS teams will be welcomed as a JV program and allowed a two year grace period to develop into a varsity team. However the team can opt to shorten that time period. If they have enough participants to field two teams, one shall be a varsity and the other a JV team.



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VI. Uniforms -- If a team has home and away uniforms, the lighter color will be for home games and the darker color for away games. If your team has only one uniform you must notify the opponent.

VII. Coaches -- The coaches' job is to teach their students about the game of lacrosse, proper conduct and sportsmanship. Athletics can have a defining effect on players. Good coaching is important but good sportsmanship is more important. Coaches will have current membership to US Lacrosse and attend all training required by the start of the season. All youth and high school coaches must have US Lacrosse Level I Certification by April 1 of the current season.

Requirements:

- US Lacrosse Level 1 CEP on-line test
- US Lacrosse Level 1 CEP workshop
- PCA Double Goal Coach 1 workshop or on-line

Coaches new to lacrosse must be "qualified" by April 1, 2010

"Qualified" is defined as:

- Coaches must have completed US Lacrosse on-line Level 1 and PCA Double Goal Coach 1 workshop or on-line
- Coaches have 16 months from coaching their first WLF sanctioned event to complete the Level I Coaches Clinic.

There always must always be a **Qualified Coach** in the box or a team forfeits. A coach with more than 16 months of coaching experience must be a **Certified Coach** or face a loss of possession penalty to start the game.

Only certified or qualified coaches can be in the coach's box for their respective team.

VIII. Officials --

Referees/umpires -- The job of the referee is to officiate the game in an unbiased, impartial manner regardless of feelings toward a specific team or coach. The job of the official begins when they arrive at the field and ends when they depart after the game.



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Referees conduct should never be confrontational or provoking. Calling unsportsmanlike conduct on a coach should be utilized as a last effort of quieting an unruly coach.

Lacrosse is in the developmental stages in the area, so as the parents and the fans have more experience so will the feedback increase. Be prepared to share and explain scenarios with the families during half time.

All referees must complete US Lacrosse referee training and pass a written test for certification. Youth and High School-aged Referees must be two years older than the age group they are refereeing.

All game officials will be scheduled by Executive Director/Referee Coordinator. Conference games will have priority when scheduling referees over non-conference games.

Pay structure -- The home team pays all referee fees.

2010 Referee/Umpire fees:

Boys: fees/referee: two ref fee/ one ref fee

HS:

- Varsity: \$65/\$95,
- JV: \$55/\$80

Youth:

- 7/8: \$45/ \$60
- 5/6: \$35/\$50.
- 3/4: \$30/\$45

Girls: fees/umpire: three ump fee/ two ump fee/ one ump fee

HS:

- Varsity: \$45/\$65/\$100
- JV: \$35/\$55/\$80
- Madison referees are paid a travel fee of \$50 per day, not per referee or per game.

IX. Player eligibility -- A high school senior that is not on a Varsity team, can play on a JV team. A coach may move players back and forth between Varsity and JV teams or between 2 JV teams using good discretion in order to have enough players on a given game day.



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High school players must participate with the club/ team affiliated with the high school they attend. If the high school they attend does not sponsor or support a lacrosse team that individual may participate with the club team in his/her geographical area, as determined by MAYLA. If a player is cut from his/her school team or there is not a school team available, they may play for the closest geographic club team and that Program must petition the board in order for the potential player to become a member with said team.

High School Team Boundaries:

- Lakeshore - Shorewood, Whitefish Bay, Nicolet, Homestead, Grafton, Cedarburg, Port Washington
- Brookfield - Brookfield East, Brookfield Central, Pius, Wauwatosa East, Wauwatosa West, Menominee Falls.
- Waukesha - Waukesha North, South, West, New Berlin Eisenhower, Oconomowoc, Catholic Memorial, Pewaukee
- Mukwonago - Mukwonago, Muskego

Stipulations: Each "Club" (i.e. non-school recognized) team must complete the following:

1. Submit a three year plan outlining the specific steps for team growth and development within the co-op schools.
2. Participating schools will be reviewed and approved annually by the MAYLA Board of Directors. Approval one year does not guarantee continued approval.
3. Co-op teams must inform all players and parents that the team association will be reviewed annually by the MAYLA Board if there are players from outside the jurisdiction. Players and parents must understand that they are not guaranteed to continue to play for the co-op team beyond the approved year.
4. Prospective players from outside the region should be directed to MAYLA for consideration and approval prior to accepting registration.
5. Teams limits - one varsity and one JV team. Once you get to more than one JV team, the team should consider splitting and moving all players from a certain school to form one new team.



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When a new team forms, all players attending schools deemed within that new team's designated boundaries, as ascertained by the MAYLA Board, must play for the new team with the exception of seniors who may play their final season for their original team.

Youth players, unless playing for a school sanctioned team, must participate in the club team in his/her geographic area as determined by MAYLA Board. Clubs must petition to the MAYLA Board for any exceptions.

X. Game Structure

Field Size -- MAYLA follow NFHS rules for length, width and lining of game field. Restraining box must maintain NFHS specifications. Any requests for size variances must be presented to the MAYLA Executive Board by March 1 of the current season.

Home Team Responsibilities-- The Home Team will pay referees at game's end unless the school district requires a voucher system. Home teams should also provide a scorer's table, scorer, and timer with a time clock for each game. Time keeper and score keeper will meet with the head official 15 minutes prior to the start of the game to review game procedures. Home team will report game scores to Executive Director, local newspaper (Box scores: goals, assists, saves, include notable players) and Laxpower by 10:00 pm on the day of the event. Home team reports scores/stats for both teams and then, as a courtesy should send the visiting coach a copy of the official score page.

Score Keepers: Each team is responsible for keeping records for the game and should have a score book in hand. The home team is responsible for keeping the official score, game time, penalty minutes by player and roster of both teams.

Stats recorded will include:

1. Goals
2. Assists
3. Saves
4. Shots on goal
5. Face-offs (determined by possession of ball)
6. Penalties by player

Coaches may also choose to track:



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1. Ground balls
2. Clears
3. man up/down %

Time Keeper: The home team is responsible for providing and training a time keeper for each game. This person is responsible for starting and stopping the game clock, keeping track of the penalty time, giving notification to the officials when there is one minute left in each of the quarters and two minutes left in the game. Timekeepers are also responsible for sounding the horn for situations on a dead ball, on the sidelines, and at the end of time of each quarter. A ten second countdown is required for end of penalties and end of quarters.

Sideline Manager/Culture Keeper: Each team should have a plan for crowd management at all games. Parents should be supportive of their children and all players on the field. Respect of the game and its participants is most important. If a person is being unsportsmanlike, they can be given a “sportsmanship card” indicating they should change their behavior or be asked to leave. Follow the Positive Coaching Alliance model.

Emergency/Injury response plan: The home team is required to provide an athletic trainer, first responder or a person who is CPR/AED certified. It is highly suggested that all teams provide an AED during practices and games. It is recommended that the first aid personnel are available on the player sideline if possible.

XI. Playoffs -- For boys and girls, varsity and JV: Seeding for tournament would be based on:

- 1) Team record
- 2) Head to head scores
- 3) Lax Power rankings
- 4) Coin Toss

Team rosters for play-offs must be submitted to MAYLA Secretary, by the Sunday before Memorial Day. Each player may only be listed on one roster and no changes may be made after that date. They should be in an excel spreadsheet format, including: player’s first and last name, uniform #, position, and school attending. List players by



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starting line up (e.g. first line attack, first line midfield, first line defense, etc). These rosters will then be shared with the league, so that scorebooks can be set up prior to games.

XII. Awards/ Recognition --

Conference Level Awards:

- **High School All Conference Team** -- For All-Conference nominations and awards: only the stats from conference games will be used to determine the All-Conference Team. The All-Conference Team will consist of 3 attacks, 3 defensemen, 3 middies, 1 long stick middle and 1 goalie. There will be First Team, Second Team and Honorable Mention. Coach's nominations must be sent to the Executive Director by the Friday before Memorial Day. Voting will be completed by the day prior to the conference championship. Once votes are tabulated, coaches will be notified so they may inform the chosen players who will be expected to attend the award ceremony during half time of the MAYLA Varsity conference championship game. Players will receive recognition at that time.
- **High School Conference Varsity Coach of the Year** – Coach of the year will be decided at the same time as the All-Conference Team.
- **High School Junior Varsity/Assistant Coach of the Year** -

Recognition awarded by US Lacrosse at the State Level:

- **Man of the Year**- The Man of the Year award honors those individuals whose dedication, commitment, and support of the game and its ideals extend beyond his specific team.
- **All-American**- must be a First Team member of the All-Conference team before he is eligible for All-American. Nominees must be of outstanding character, be in good standing in their school and community, and demonstrate outstanding sportsmanship on and off the field.



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- **Academic All-American** - Nominated players must be seniors. A school transcript must accompany the nomination.
- **Coach of the Year** - This award is only available to Varsity Head Coaches. Nominees must demonstrate outstanding sportsmanship on and off the field at all times. Nominees must demonstrate excellent rapport with officials, other coaches and his own players at all times.
- **National Senior Showcase**- Nationally, four teams (North, South, East, and West) are selected to compete in games that are held in June of each year. Wisconsin is one of 15 states included in the West Division Team. All seniors are eligible for this honor and distinction. Players selected should be All-American caliber players. Coaches will nominate players who submit the players' applications by April 1 to the US Lacrosse State High School Coordinator (Robin Buckley). Players can self-nominate but all applications must have their coach's endorsement. Seven candidates are then chosen statewide and their names are submitted to the Regional Coaches of the West. The Regional Coach will choose a team of 24 players from approximately 100 candidates that they receive.

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MKD/MAYLA Secretary